

HOPE IS ALIVE IN 2025-PROGRAM AT A GLANCE

Saturday March 22, 2025

8:30am

Walk-in Registration--Lobby

9:00am

Opening/ Welcome—Grand Ballroom

10:00am-10:50am

Visualizing a Hopeful Future—Salon I & II

How I Found Hope—Salon III

This Topic is in Spanish:

Descubrir que hay Esperanza

(Discover that There is Hope)—Rocky Hill

ALATEEN ACTIVITY—Hartford

AA MEETING: 12 Steps—Salon B

ACTIVITY: Laughter Yoga—Salon A

ACTIVITY: Labyrinth—CT Suite

11:00am-11:50am

Dreams Can Be Reality—Salon I & II

Courage to Create Change—Salon III

This Topic is in Spanish:

Hallando Motivos para Vivir

(Finding Reasons to Live)—Rocky Hill

ALATEEN: Hope—Hartford Rm.

AA MEETING: Acceptance—Salon B

ACTIVITY: Intro to Watercolor—Salon A (11:00-12:30pm)

ACTIVITY: Labyrinth—CT Suite

12:00pm-12:50pm

LUNCH ON YOUR OWN

ALATEEN Brown Bag-The Magic of Alateen—Hartford

ACTIVITY: Family Feud—Salon I & II

ACTIVITY: Labyrinth—CT Suite

1:00pm-1:50pm

Hope Through Service—Salon I & II

Hope Through Acceptance—Salon III

This Topic is in Spanish:

Darnos Cuenta Que Tenemos Opciones

(Realizing that We Have Options)—Rocky Hill

ALATEEN: Fairness—Hartford

AA MEETING: Honesty—Salon B

ACTIVITY: "Hope is Alive" Escape Room—Salon A

ACTIVITY: Labyrinth—CT Suite

2:00pm-2:50pm

Living with the Uncomfortable—Salon I & II

Love, Faith, Hope—Salon III

This Topic is in Spanish:

Recobremos y Cicatricemos la fé Destruida

(Let Us Recover and Heal the Destroyed Faith)—Rocky Hill

ALATEEN: Hopelessness—Hartford

AA MEETING: Open Mindedness—Salon B

ACTIVITY: Serenity Through Tai Chi—Salon A

ACTIVITY: Labyrinth—CT Suite

Saturday March 22, 2025 cont.

3:00pm-3:50pm

How I Found Hope in Connection—Salon I & II

Finding Hope in Uncertainty—Salon III

This Topic is in Spanish:

Al Cuidado de un Poder Superior

(Being Taken Care of by a Higher Power)—Rocky Hill

ALATEEN: Confusion/ Manipulation—Hartford

AA MEETING: Willingness—Salon B

ACTIVITY: Recovery Charades—Salon C&D

ACTIVITY: Labyrinth—CT Suite

4:00pm-4:30pm

BREAK

4:30pm-5:15pm

Entertainment- Skit "Al-Anon Diner"—Salon I & II & III

5:30pm-7:00pm

BUFFET (Meal Ticket Required)—Salon A & B

ALATEEN PIZZA PARTY—Hartford

(CT Teens, Sponsors & AMIAS only; Registration Required)

7:30pm-8:00pm

WELCOME, RAFFLE, COUNTDOWN—Grand Ballroom

8:00pm-9:30pm

KEYNOTE SPEAKERS—Grand Ballroom

10:00pm-11:00pm

Al-Anon Candlelight Meeting—Salon A & B

The Hope in Letting Go

Alateen Candlelight Meeting—Hartford

Fear *CLOSED MEETING*



Sunday March 23, 2025

BREAKFAST ON YOUR OWN

Hospitality will be providing a coffee/tea station in the hallway outside the Ballroom beginning at 8:15am.

9:00am

Welcome—Grand Ballroom

9:30am-11:30am

KEYNOTE SPIRITUAL SPEAKERS—Grand Ballroom

1:00pm-3:00pm

Committee Wrap Up Meeting—Salon A & B