

Delegate's Report

Connecticut Area World Service Committee & Al-Anon Family Groups

First Congregational Church 62 Colony Street Meriden, CT

May 6, 2011

Dear Friends:

Welcome and good evening. Spring has sprung! May is here with blossoms blooming everywhere. It is a very exciting time of the year! I have returned from my first World Service Conference on April 17th and it was a life altering experience. I look forward to sharing my experience through shared leadership at our Delegate's Assembly on June 11, 2011. I was extremely grateful for the support of the Area when I attended the 33rd Annual Northeast Regional Delegate's meeting on March 11, 12, & 13, 2011 in Mansfield, MA. It helped to prepare me for the 51st Annual World Service Conference. I had the opportunity to experience a full schedule of sessions and understand the purpose of the Conference and hope to return with a perspective of Al-Anon worldwide. A chance to meet other Delegates who would also attend the Conference was inviting and helpful. It provided the opportunity for past and present NERD Delegates to share knowledge, concerns, and experience.

Our Regional Trustee Anne F., Panel 40, NY North shared that the World Service Office would be contacting 2,500 Groups in the U.S. to participate in a Survey targeted for newcomers. A Group Representative Pat W. from the Woodbridge area is currently involved in this process. Please inform your District Representative if your Group has had this opportunity.

I encourage each member to examine the World Service Website and review the progress on the Universal definition of Family Recovery, the approved 2010 Audited Financial Report, the approved 2010 Annual Report, and the approved 2011 Finance Committee Report prior to our June 11th Assembly. We had presentation on Conflict Resolution at the NERD meeting which offered tools to help us find a better way to communicate and resolve problems. We all want what is best for Al-Anon/ Alateen. We all have experienced conflict while living with the affects of alcoholism and understand that conflict is part of every relationship. But now that we are in Recovery, Service work and practicing our program we can presume goodwill, apply self examination, honest communication, discuss many solutions, agree to disagree, list areas where you do agree and celebrate our success. Support the final outcome!

Our closing spiritual Speaker at the NERD week-end was Terry C., Panel 33 CT. She is truly a woman of grace and dignity, an example how Al-Anon works. We have many past Delegates who have remained active in our Area and we can continue to explore how we can tap into these abundant recourses. I'm grateful they are members of the AWSC with a voice at our Assemblies & Area meetings. Several announcements will be

made at the Assembly about our past Delegates from CT who were approved to hold positions on the World Service Executive Committee. A discussion on how to utilize our abundant resources is a great topic to have in our Groups, District meetings and Workshops!

One definition of Community is a feeling of fellowship with others, as a result of sharing common attitudes, interest and goals. Our Primary purpose is to help the families of alcoholics. This covers all people regardless of race, religion, gender, age, and economical level, documented or undocumented immigrants. Our Al-Anon Declaration states (Que empiece por mi)- let it begin with me, When anyone, anywhere reaches out for help, let the hand of Al-Anon and Alateen always be there, and- let it begin with me. We are broadening our reach to members by providing healthy Area, District and Group events. The purchase of translation equipment, the support and cooperation from AA and the translators are most appreciated.

Kudos to District 12 for a well attended Alateen Pasta Dinner/Speaker meeting on April 9th, the 34th Annual CT AFG Convention 2011 & the 1st Area Bilingual Public Outreach Workshop Committee members who provided hope, unity and fellowship. The Alateens, Sponsors, Area Alateen Coordinator Bob B. and the Area Alateen Process Person Harry N. are preparing for the upcoming Connecticut Alateen Workshop Weekend (CAWW) in May. I'm honored to have received an invitation for Saturday night dinner and the bonfire circle meeting.

The Area Officers are committed to support the Group's, Districts and Area events. Bob K. our Area Chairperson and I will visit District 2 on May 11th. I have received positive feedback about Stacie's Area Treasure presentation on how to assist Group Treasurers. Please take advantage of this opportunity. Ann our Alternate Delegate has organized workshops for our Assembly. She has already visited with District 6 and remains focused on reaching out to District 13. We have a representative from District 13 tonight and we wish to extend a warm welcome. We look forward to your full participation at the June 11th Assembly.

In closing, I wish to express my gratitude for electing me to be your Delegate. This opportunity has been a growth opportunity beyond my wildest dream. Many days I'm faced with new challenges and I have the opportunity to reach out for help and complete many of my assigned tasks. I truly appreciate all your love and support in my service position.

Love in Service,

Rita C., Delegate
Panel 51 CT

Upcoming Events

- AA Round – Up with Al-Anon participation on May 15, 2011 12:00-4:00pm
Masonic Temple Meriden, CT
- Connecticut Alateen Workshop Weekend (CAWW) on May 20-22, 2011 Chester,
CT
- AA Soberfest with Al-Anon participation on June 3-5, 2011 Bozrah, CT
- Delegate's Spring Assembly on June 11, 2011 277 Main St. Hartford CT 10:30-
5pm
- Rompiendo Fronteras, AA Bilingual Sharing Day with Al-Anon participation, June
26, 2011, 9-3pm at Cheshire Grange 44 Wallingford Road, Cheshire, CT
- CTWebsite:<http://www.ct-alanon.org/member> - WorldServiceWebsite:www.al-anon.alteen.org/members