

Living Our Spiritual Principles: Expanding Our Vision



Living Our Spiritual Principles: Expanding Our Vision

April 19, 2015

Although conference didn't start officially until the opening dinner I was very busy with a task force in the morning "Creating Ways To Raise Awareness of The Tools Available to Alateen." In the afternoon I was involved in the Conference Committee of Trustees to vote on incoming Trustees at Large. After all the business was over we had a chance to share our Area highlights. Then onto dinner where Panel 55 was inducted into the new panel of delegates.

Living Our Spiritual Principles: Expanding Our Vision

April 20, 2015

- We opened the morning going over voting procedures and seating non-members during the conference.
- We then reviewed Area Highlights which I thought had been dissolved but they are on the members website www.al-anon.org. This lets members know what is going on in other Areas. So go ahead and take a look.

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April 20, 2015

- The Meet the Board Event was held in Labrador/Newfoundland last year and it was a success. It truly personalized WSO to the fellowship. July 25th 2015 is the next Meet the Board Event and it will be held in Nisku Canada. They are now taking bids for 2016 for a Meet the Board in October of 2016. As an Area I would like to know how many people are interested and should I put in a bid? Discuss it with your groups and let your DR know for August 1st.



Living Our Spiritual Principles: Expanding Our Vision

April 20, 2015

- The two International Conventions were discussed. 1) The AA International Convention with Al-Anon participation will be in Atlanta Georgia July 2-5, 2015. There's always walk -in registration if you didn't pre-register. There are 40,000 people pre-registered. 2) The Al-Anon International Convention will be held in Baltimore Maryland July 5-8th 2018.

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April 21,2015

•Since 2011 Memorial Contributions have been discussed and have been brought back to Conference to further solidify a new policy. There was a decision on self defining member/family so some progress has been made. Now the Conference would like to set a limit of the amount of money that can be given at one time. It has been suggested 1-10% for non-members to contribute. It will go back to the policy committee and back to conference next year. It is always suggested that non-members may buy literature and to give it to libraries or the other groups.

Living Our Spiritual Principles: Expanding Our Vision

April 21,2015

•Then there was the budget discussion. The bulk of the budget has to do with employees and their benefits like most corporations on the expense side. On the income side it is again group contributions and the sale of literature. WSO though is not a clearing house and we can't always rely on the sale of literature. The focus of course is on group contributions. Contributions are up 8.2% but as a Conference we still approved a budget with a \$52,000 shortfall. It is suggested that each registered group contribute \$252/year.

Living Our Spiritual Principles: Expanding Our Vision

April 21,2015

- Connecticut donated a total of \$24,442 last year with 63.9% of groups contributing.
- The reserve fund at WSO right now is less than a year's operating expense because WSO has borrowed from this fund and there aren't funds to replace it.
- WSO assures us with this budget deficit there will be no services cut for the members and again we can't rely on WSO just selling literature.

Living Our Spiritual Principles: Expanding Our Vision

April 21,2015

The World Service Conference passed the basket and collected a total of \$8,700. I have suggested that Carol pass the basket at this time and to send our support to WSO. There are envelopes in your basket for personal or group contributions so please use them and thank you for your support.

Living Our Spiritual Principles: Expanding Our Vision

April 21,2015

•Each year there are Areas that are to elect a Regional Trustee. At this time the Northeast is looking for a Regional Trustee. The process is very similar to our Board of Directors nominations where the nominee goes before his/her group, district and then the Assembly to get a vote of confidence from the members. It is then sent to the Delegates of the Northeast and it is scored and then sent to the nominating committee at WSO. All the Delegates from the Northeast plus two from outside the area are part of the process to select a new Regional Trustee.

Living Our Spiritual Principles: Expanding Our Vision

April 21,2015

•Connecticut has not had any interested parties. They would have to bring their resume to you the Assembly for approval. Today though we have our present Regional Trustee for the Northeast here and she's going to explain the how, what ,why and when of her position.

Autonomy

"In our Al-Anon groups and service arms, our freedom is balanced with the responsibility to preserve our Traditions and abide by Al-Anon principles."

-Conflict Resolution Using Our Twelve Traditions (S-72)



Unity



"We are not all right and we're not all wrong. We examine our motives and relinquish control of the issue. We maintain our dignity and self-control while expressing our views and opinions."

-Conflict Resolution Using Our Twelve Traditions (S-72)

Mutual Respect



"As we learn to treat others with respect and earn their respect, we begin to let go of an 'us versus them' mentality and understand what unity means."

-How Al-Anon Works (B-22)

Humility



"It can be difficult to accept that conflict can arise within Al-Anon, where we have found peace and serenity."

-Conflict Resolution Using Our Twelve Traditions (S-72)

Accountability



"Participation is not the same as interference. It is not an excuse to meddle. We learn to offer our help rather than insist that we know best."

-How Al-Anon Works (B-22)

Abundance



"Taking responsibility to resolve our differences is another form of self-support."

-Conflict Resolution Using Our Twelve Traditions (S-72)

Delegation/Trust



"When there is mutual trust and respect, authority can be delegated from the groups to the Conference Delegates, by them to the Trustees, and by them to the committees and staff of the WSO."

-The Concepts—Al-Anon's Best-Kept Secret? (P-57)

Cooperation



"While we learn in Al-Anon to have our own opinion and our own identity, we also learn to cooperate with one another, as well as with others, without sacrificing our integrity."

-Conflict Resolution Using Our Twelve Traditions (S-72)

Responsibility



"Our groups are the building blocks of the fellowship. They carry the final responsibility and authority for Al-Anon."

-The Concepts—Al-Anon's Best-Kept Secret? (P-57)

Compassion - Understanding



"Respectful, self-disciplined consideration of every other member and group of members will give everyone the right to participate in the service of Al-Anon and so assure harmony."

The Concepts—Al-Anon's Best-Kept Secret? (P-57)

Balance



"There is no need to choose between good business and good Al-Anon practice since there is never a conflict between them. Through effective business operation we can best achieve our spiritual objectives."

-The Concepts—Al-Anon's Best-Kept Secret? (P-57)

Cooperation



"When we are in conflict, it can be helpful to examine how we are carrying the message."

-Conflict Resolution Using Our Twelve Traditions (S-72)

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We as members of conference were asked to ask you what your Dreams would be. So I would like to take a short time and ask what are your dreams. I would like to see future workshops on Dreams of your districts and meetings.



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•TEAM (Together Empowering Al-Anon Members) is a joint time when WSO and the Areas shares their experience, strength and hope with members. Each member from WSO shares their story, a workshop on finding a Trustee and an abundance workshop. The Area focuses on ideas from the fellowship in their Area. This year there are 4 TEAM workshops in the United States and Connecticut is one of them.

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- There still needs to be sharings on intimacy for a new book. Please get your sharings to WSO either by email from the website or by snail mail.
- The Forum Editorial Advisory Committee introduced an idea of reprinting Forum articles so that they aren't lost similar to the old Forum Favorites. This would make them CAL (Conference Approved Literature). A motion was made and the Conference voted on and approved on making this a piece of literature.

Living Our Spiritual Principles: Expanding Our Vision

April 22,2015

•The new AFG connects will replace e-communities this coming October. It is another tool that members may access so that they can receive things like E-news and other timely documents that have been sequestered for Delegates and DRS. More information as it comes available.

Living Our Spiritual Principles: Expanding Our Vision

April 22,2015

- There is a new e-mail for Al-Anon. It is www.al-anon.org and it will take you to the home page. It is now available in Spanish and French.
- 8,517 members participated in the membership survey and the results are posted on the website under professionals.



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April 22, 2015

There are four new positions open at WSO. Their job descriptions are on the DR website under inside WSO.

- 1) Event and Project manager
- 2) Employee Relations and Development
- 3) Application Developer
- 4) the most needed position is Director of Membership Services supporting Alateen

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April 22, 2015

Understanding Universal Recovery had lots of comments and lengthy discussion but it came back and we got to vote on the definition which goes as follows **Family recovery is a process of healing and growth for family members affected by someone's drinking. The process helps these individuals make healthier choices and develop relationships that are more positive and supportive.**

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April 22, 2015

The discussion on Concept 8 was lively and we went line byline to develop an updated version and it was passed. We weren't able to finish updating Concept 11 so it will be finished next year.

There were thought forces dealing with healthy groups, registered groups, welcoming trends in the fellowship and abundance and spirituality when talking about money.

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April 22, 2015

There were two Conference agenda items that were picked by the delegates. One being how can we clarify our primary purpose while welcoming members who need our program who may have a drug addicted friend or family member? Wonderful discussion and again wonderful workshop ideas.

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April 22, 2015

•The second Conference agenda item was **Is the current model of Alateen the best model for the future of Al-Anon and Alateen?** Lively discussion followed along with the our task force To Create Ways to Raise Awareness of the Tools Available for Alateen. It was a fun filled year and I will show you the slide show and you will see some of the work that went into this. You will have to wait until TEAM to meet Al-Anon and a great skit that helps to show all the tools that are used as resources for members to be aware of the Alateen program.

Living Our Spiritual Principles: Expanding Our Vision

April 22, 2015

•Facebook now has it's own page for Alateen and it has been very well received. The Alateen web page will go mobile in July so that teens will be able to join Alateen chat rooms in July from their phones.

Al-Anon/Alateen

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Al-Anon/Alateen

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Try an Alateen Chat Meeting!

Chat live with other teens and Alateen Group Sponsors. Share your experience, strength, and hope with teens from across the U.S. and Canada!

Registration is required... just follow the simple directions on the registration page! You will be asked to "click back" from an e-mail during the registration process.

Chat rooms are moderated, and teens can only chat when an Alateen Group Sponsor is present. At this time, the chat meetings are not available for mobile devices.

We hope you'll give it a try!

- [Alateen Chat Registration](#)
- [Alateen Chat Safety Feature](#)

Welcome to Alateen Chat

Preferred Chat Language

☒ English
 ☐ Français
 ☐ Español

[I want to register](#)
[I have forgotten my login information](#)
[I want to change my password](#)

Log In

Screen Name

Password

Current Meeting Schedule (meetings last one hour)

Day	Start Time	Room
Sunday	2:00 pm Central Time	Tennessee Alateen Room
Sunday	7:00 pm Mountain Time	Alberta NT Alateen Room
Sunday	9:00 pm Mountain Time	Idaho Alateen Room
Monday	7:00 pm Atlantic Time	Maritime Provinces Alateen Room
Monday	7:00 pm Pacific Time	Washington Alateen Room
Wednesday	4:00 pm Pacific Time	Nevada Alateen Room
Wednesday	5:30 pm Central Time	Iowa Alateen Room
Wednesday	7:30 pm Mountain Time	Montana Alateen Room

Alateen Chat Safety

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Al-Anon/Alateen

Members

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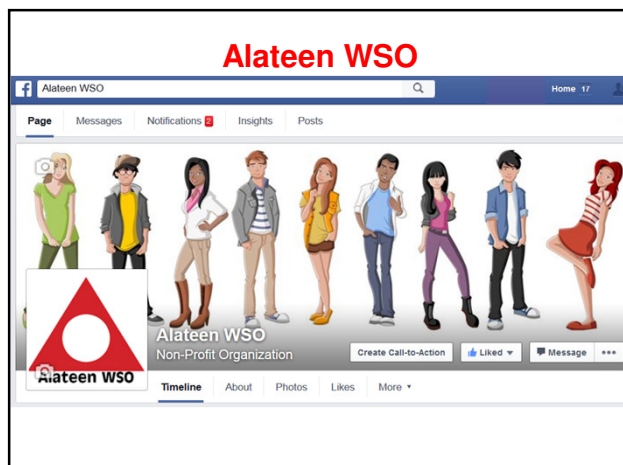
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Alateen

Service e-Manual

Tips and topics for Al-Anon Members Involved in Alateen Service (AMIAS)

- [Questions of Alateen Service](#)
- [Becoming an Alateen Group Sponsor](#)
- [Role of Alateen Group Sponsors in Alateen meetings](#)
- [Relationships with Alateen](#)
- [Role of Alateen Group Sponsors/AMIAS outside of Alateen meetings](#)
- [Serving the Worst Alateen Public Outreach](#)
- [Challenges in Alateen Service](#)
- [WSO Resources](#)
- [Alateen Safety](#)



Alateen--Hope for Children of Alcoholics (eB-3)

Category: Electronic Literature

Alateen

Basic introductory book for teens affected by someone else's drinking. Easy-to-understand explanation of alcoholism and the Alateen program. Indexed. 128 pages.

Please see your electronic book provider to purchase.

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Then there was the Big Question that is discussed every year. Last year's results from our breakout session were used in many of my sharings during the conference so that Connecticut was well represented in your thoughts and wants and needs. **How do we envision responsible service leadership in Al-Anon, a vision that inspires today's members to be tomorrow's leaders who are motivated by spiritual principles?** I was able to give my experience strength and hope during a breakout session using public outreach as our basis. Again lively discussions on who is responsible for public outreach.

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•Public Outreach is again very important for public awareness and the professional communities. The Al-Anon Faces Alcoholism is due to come out again in September for Recovery month and it's focused primarily in a detailed manner to provide hope, understanding and compassion. In 2014 347,000 copies were shared. WSO thanks us for our participation in getting the word out and is asking that each group distribute 25 copies in September to reach that newcomer. There is a new PSA that will be shown today and you can also see it on Facebook under Al-Anon because we too are reaching out as is Alateen

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April 23, 2015

•There was a report from IAGSM2014 (International Al-Anon General Services Meeting) was held here in Virginia Beach with fewer countries present for the meeting due to financial, language issues and travel issues. The summary of the meeting can be found on the member website. We did have visitors from Germany, Eirn/United Kingdom and Mexico and their stories of recovery were very similar to yours and mine. So it truly is a world wide fellowship. In 2016 the IAGSM will be held in Rome, Italy.

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•Motions from the floor were recognized this year also. The delegate from New Mexico/El Paso created a Media Cafe and they put some PSAs and podcasts that were broadcast. They wanted to show Lois's Story and Lois and the Pioneers which were both on videocassettes. When they asked if they could convert them from VHS to DVD they were told no because the Conference specifically stated that they would be used for the fellowship alone.

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- A long lengthy discussion followed and a motion was stated that the Conference give approval for the conversion of both VHS tapes to DVD for future AI-Anon viewing. So we now will have access to these historic pieces of film to show our fellowship.
- The closing dinner was wonderful but sad to see Panel 53 leave and of course having Carol there as my guest made it special.

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April 23, 2015

Next year the World Service Conference will be held in Virginia Beach again April 11-15,2016 with a 65th anniversary party being held April 16th.

Living Our Spiritual Principles: Expanding Our Vision

April 24,2015

One can't close a WSC without an open Board meeting which we all got to witness first hand along with a policy meeting during the week. To work so closely with the Trustees makes it a truly unforgettable experience. And just like the theme of the conference there are many spiritual principles that helped to expand my vision so I can see clearly now.

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•April 25,2015

Most of the delegates and their guests boarded buses from JFK airport so that we could visit Stepping Stones the home of Lois and Bill W in Bedford Hills N.Y.. Bill wrote the A.A Twelve and Twelve on this property and Lois was close enough to New York City to be able to commute by train down to the Clearing House. It was a beautiful sunny day and the trees and flowers were just budding. It was a beautiful finish to a week long Conference that made me so aware of where we came from and looking forward to in the future.

Love And Peace
Ann B.

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Happenings

July 2-5 2015

AA International Convention Atlanta GA

August 25 2015

Meet the Board Nisku, Alberta

September 4-6 2015

AA Convention Meriden CT

October 3 2015

TEAM 277 Main St Hartford CT