

# CT AL-ANON FAMILY GROUPS

Conference

Center

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Distribution

at the

Literature

## QUARTERLY FEATURE

October – November - December

This 4th Quarterly Feature will showcase resources in support of the  
Fall 2025 [Sponsorship Workshop](#) on October 11<sup>TH</sup>

### Al-Anon/Alateen Service Manual

2022-2025 (P-24/27)

On pages 45-46,

[Sponsorship](#) is outlined as having 3 types:

- Personal Sponsors
- Service Sponsors
- Alateen Sponsors

Similar overlaps are a mutual and confidential sharing of experience, strength and hope between Alanon or Alateen members. Yet, always framed in guidance and not giving advice.

### **Other CAL resources that highlight the relationship of having and being a Sponsor:**

- Sponsorship Bookmark M78
- Alateen Sponsorship P29 S27
- Service Sponsorship P88

The experience, strength, and hope of [Sponsorship](#) can be found in all the daily readers:

### A Little Time For Myself (B34)

October 29 – “... Sharing my concerns with my Sponsor is like talking with my eye doctor. My Sponsor gently guides me to heighten my own awareness – ‘Is this better? Or this?’ In the end the choice is mine.”

### Courage To Change (B16)

December 28

“One effect of alcoholism is that many of us are reluctant to get close to people...

My Sponsor ... who demonstrates unconditional love and still takes care of (their) ... own needs can be a wonderful role model. I can best put what I learn into practice by passing it on.”

### The Forum (monthly magazine subscription)

[al-anon.org/forum](http://al-anon.org/forum)

In the September, 2021 edition on page 29 (*What is a Sponsor? MG - Manitoba*) states that “Sponsorship... lasts as long as it serves (one’s recovery), and it’s only purpose is to support (one’s recovery)...

WSO is currently working on another publication about

[Sponsorship](#) – consider sharing your sponsorship stories. Submit your experience, strength, and hope to The Forum – [Click this link to read the guidelines.](#)

Check the indexes in all CAL books for more stories on [Sponsorship](#); from *How Al-Anon Works (B32)* to *Discovering Choices (B30)* to *From Survival To Recovery (B21)*



*Stay tuned for the First Quarterly Feature in the New Year, January, 2026*