



Area Public Outreach - RECAP

Meeting date: February 19, 2019

March 4th - Lois's Birthday. "Leave Hope" Project - In celebration of Al-Anon's Co-founder, Lois W., Public Outreach asks members to leave 1 piece of Al-Anon literature in a public place; a waiting room, breakroom, reception area, etc. This is a wonderful way to do public outreach service, celebrate Lois and most importantly give someone "Hope."

Speaking Opportunities

1. **CT Valley Hospital** Family Education Nights - Contact Angela R District 2
2. **Lawrence & Memorial Hospital** Intensive Outpatient Program - patients with mental health problems. Many have been impacted by a loved one's substance abuse. Contact Cynthia P District 11
3. **Griffin Hospital** Family Night. Contact Jen G District 4

Health Fairs

Be on the lookout for flyers to support these events.

1. **Greater Vernon Holistic Healthfest**, April 6-7, 10am -4pm - District 9 Contact: Leigh S
2. **Women's Better Living Expo**, April 13 & 14 Bridgeport - District 4 Contact: Carol H
3. **Ridgefield Health & Wellness** May 4th - **Chair Needed** for PO to participate in this event.

Therapists - great source of referrals to Al-Anon.

1. District 5 providing contact and information to therapists
2. CT Counseling Association Conference - PO participation, District 12

Street Posters

25 street posters have been reordered with Outfront Media for 2019. We love to hear where they are seen. If spotted send a quick email to ctpublicoutreach@yahoo.com

District PO Coordinator Contact List

Please review and send updated contact info to ctpublicoutreach@yahoo.com. Questions regarding the role of a District PO Coordinator? See PO Coordinator guidelines. Public Outreach needs your support to let others know they can find help.

Al-Anon Faces Alcoholism (AFA's) This magazine is created for the specific purpose of public outreach. 2019 AFA's will be shipping April 1st.

April is Alcohol Awareness Month sponsored by the National Council on Alcoholism and Drug Dependence started in 1987. Consider contacting your local library to provide some AFA's or Al-Anon pamphlets, district schedules and business cards.

Where can you get business cards and posters? Come or send a representative to the **Next Area PO Meeting April 23rd. 7:00pm Best Western Hotel, 2253 Berlin Turnpike (Route15) Berlin CT. All are Welcome! Hope to see you there.**

We are also investigating skype, zoom or audio meetings for those who cannot make the trip to Berlin. If you have technical knowledge and would like to help with this project please contact ctpublicoutreach@yahoo.com