

Recap - Public Outreach Meeting Tuesday September 4, 2018 6:15pm - 7:15pm

- District 3 Public Outreach Coordinator Position Opening January 1, 2019

 Are you interested in bringing Al-Anon to the public? Learn about the information we've provided and contacts we've made in the community over the last 2 ½ years. Any willing, active member with an understanding of the Al-Anon program and the Twelve Traditions can serve. A background in Public Outreach service is helpful but not required. Email Kathe: D3CTPO@ctalanon.org
- Middle & High Schools
 180 letters to 54 schools were sent to the Health & PE Teachers, School Counselors, Psychologists, Social Workers, Nurses, & Retentions Specialists on August 9th.
 - Thursday August 13th we received our first call from a Social Worker at James Hillhouse High. This is very exciting as we haven't had contact with this school in the past.
- <u>Police Stations</u> Pamphlets & business cards being delivered to the Community Resource officers. Only 3 towns left to go in our District.
 - o Bethany, Woodbridge, North Branford, New Haven main & 3 substations
- Libraries Volunteers needed to add Detachment pamphlets & AFA's
 - o Bethany, East Haven, North Haven, New Haven
- Shelters and Health Clinics pamphlets and AFA's delivered in West Haven.
- <u>Public Service Announcements at Radio Stations</u> focus Quinnipiac
 University. Help needed. Communication and broadcasting background helpful.
- Connecticut Mental Health Center Round Table
 - o Volunteer needed to attend and provide Al-Anon information
 - o 4th Thursday of the Month, 9am 10am
 - o Interact with upto 17 community based Health Care organizations
- Young People Meetings After a lot of time and research we have not been able
 to capture enough interest to create a meeting specific to this age group. PO will
 continue to distribute literature to Universities and Colleges and encourage young
 people to attend existing meetings.

• Social Media - Article from *In the Loop* the WSO online magazine

Newcomer Finds Hope with Al-Anon WSO

"Do you have these meetings in Rapid City that I can go to? I mainly want to know how to support, what to do in the event of a relapse. This is something that I am going through right now, so I am anxious to try and get some support and help. I have no one that I can talk to about this."

- An anonymous message received on Facebook Messenger

This newcomer learned about the support available to her on the Al-Anon WSO Facebook page. Like millions of other people, she struggles with how to help her loved one achieve and maintain sobriety. During September, recovery from substance addiction is celebrated in the U.S. and Canada. It's an opportunity for Al-Anon members to increase awareness that the families and friends of alcoholics also need recovery by carrying Al-Anon's message of hope and help on social media.

Find links to all of the WSO social media pages at:

Al-Anon: al-anon.org/18connect

Alateen: <u>al-anon.org/18teensconnect</u>

Please remember to protect your anonymity by not making any comments on our posts or using screen names that indicate you are a member of Al-Anon or Alateen, i.e. AlAnonBob.

August 30, 2018 Categories: Announcements

- Attending 2 members. Outreach needs your support. Does your group have a
 PO representative to communicate PO projects & events? Please consider
 adding this service position to your group. Interested in learning more?
 Email Kathe: D3CTPO@ctalanon.org
- The next Public Outreach meeting is Tuesday October 2nd 6:15pm -7:15pm
 4 Meetinghouse Lane, Woodbridge, The Center Building in the Cafe.
 Directions: Follow signs for the Woodbridge Library Main Entrance. The Center building is the building on the right as you drive into the parking lot. Use the door on the right, main entrance to the Center Building. A few steps down to the cafe.

Come join us at the next Public Outreach meeting. Tuesday October 2, 2018

(always the first Tuesday of the month)
6:15pm -7:15pm
4 Meetinghouse Lane, Woodbridge, CT
The Center Building in the Cafe.

Directions:

Follow signs for the Woodbridge library main entrance. The Center building is the building on the right as you drive into the parking lot. Use the door on the right, main entrance to the Center Building. Go down a few steps to the cafe. Looking forward to seeing you there. 6:15pm - 7:15pm

Thank you to all who help Public Outreach in so many big and small ways. You are all amazing!

Find out how you can help bring the Al-Anon Program to others Email Kathe: D3CTPO@ctalanon.org

There are many ways to help both behind the scenes and in the community. We can't do it without you.

Hope to see you there.

Come join us at the next Public Outreach meeting. Tuesday October 2, 2018

(always the first Tuesday of the month)
6:15pm -7:15pm
4 Meetinghouse Lane, Woodbridge, CT
The Center Building in the Cafe.

Directions:

Follow signs for the Woodbridge library main entrance. The Center building is the building on the right as you drive into the parking lot. Use the door on the right, main entrance to the Center Building. Go down a few steps to the cafe. Looking forward to seeing you there. 6:15pm - 7:15pm