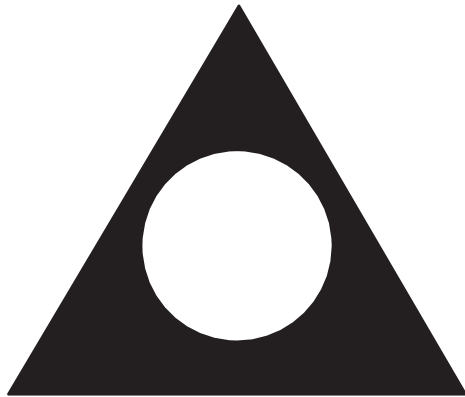


# **Connecticut**

## **Al-Anon / Alateen Meetings Schedule**



# **2018**

**Please Note:**

Generally all meetings are closed except to members and prospective members. We welcome anyone whose life has been or is being affected by the disease of alcoholism.

All Al-Anon / Alateen members are welcome at all Al-Anon meetings.

Generally, meetings are held 52 weeks a year.

**24 Hour Toll Free CT Answering Service:**  
**888-8AL-ANON**  
**888-825-2666**

**CT Web Site: [www.ctalanon.org](http://www.ctalanon.org)**

*Changes may occur in meeting information.*

*Check website for up-to-date information in advance.*

**Important:** This booklet **MAY NOT** be used as a mailing list or for any purpose not pertaining to Al-Anon / Alateen.

Our CT Area Services office lists a group at its request. There is a traditional agreement that the group's door is open to all Al-Anon / Alateen members.

Listing in this directory does not constitute approval of any group's manner of practicing the Al-Anon / Alateen program. If a group you attend is not right for you, please try another. **There is help and hope available in Al-Anon / Alateen.**

**MEETING CODES**

<b>A</b>	Al-Anon nearby/same bldg.	<b>B</b>	Babysitting
<b>AL</b>	Alateen nearby/same bldg.	<b>LGBT</b>	Gay & Lesbian
<b>H</b>	Handicap Accessible	<b>N/C</b>	Newcomer Meeting
<b>A/C</b>	Adult Children		

**OPEN:** Non Al-Anon members may attend this meeting

## *Preamble*

*The Al-Anon Family Groups are a fellowship of relatives and friends of alcoholics who share their experience, strength and hope in order to solve their common problems. We believe alcoholism is a family illness and that changed attitudes can aid recovery.*

*Al-Anon is not allied with any sect, denomination, political entity, organization or institution; does not engage in any controversy, neither endorses nor opposes any cause. There are no dues for membership. Al-Anon is self-supporting through its own voluntary contributions.*

*Al-Anon has but one purpose: to help families of alcoholics. We do this by practicing the Twelve steps, by welcoming and giving comfort to families of alcoholics and by giving understanding and encouragement to the alcoholic.*

## **AL-ANON DECLARATION**

**“LET IT BEGIN WITH ME.**

**When anyone,**

**anywhere,**

**reaches out for help,**

**let the hand of Al-Anon and Alateen**

**always be there, and Let It Begin with Me.”**

# Alateen Meetings

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## Monday

**Dist. 4 Fairfield** 30686813  
9:00 AM Fairfield Warde High School  
755 Melville Ave.  
**LIMITED TO**  
**Fairfield Warde HS Students**

**Dist. 11 Norwich** 502832  
6:30 PM Backus Hospital  
H 326 Washington St.  
A Mental Health D Ward  
Room G25 / Ages 12-19

**Dist. 4 Stratford** 2305  
8:00 PM Christ Episcopal Church  
A 2000 Main St.  
Back of church, corner door,  
2nd. floor

**Dist. 2 Wallingford** 63654  
7:30 PM Gaylord Hosp. Chauncey Bldg.  
H Gaylord Farm Rd.  
OPEN Upper parking lot  
Handicap access left of Main dr.

## Tuesday

**Dist. 1 Bristol** 30643493  
7:30 PM Bridge Community Church  
43 School St.  
Rear, downstairs

**Dist. 6 Danbury** 30516252  
7:00 PM United Methodist Church  
A H 5 Clapboard Ridge Rd.

**Dist. 12 Guilford** 65078  
7:30 PM First Congregational Church  
A 122 Broad St.

**Dist. 4 Milford** 30642170  
12:30 PM Platt Technical High School  
600 Orange Ave.  
See counselor/social worker  
**LIMITED to Platt HS Students**

**Dist. 5 Norwalk** 0592091  
8:30 PM Norwalk Hospital  
39 Maple St.  
Nash Auditorium in Basement  
Spanish and English

**Dist. 3 Woodbridge** 0511  
7:30 PM First Church of Christ  
A 5 Meetinghouse Lane  
Ages 12-19  
Rear parking entrance

## Wednesday

**Dist. 4 Bridgeport** 30625975  
1:10 PM Bullard-Havens  
Tech High School  
500 Palisades Ave.  
**LIMITED to B-H HS Students**

**Dist. 11 Groton** 30663577  
7:00 PM St. Andrew's Church  
310 Fort Hill Rd.

**Dist. 12 Madison** 30623713  
7:30 PM First Congregational Church  
A 26 Meetinghouse Lane  
Rear door, lower level

## Thursday

**Dist. 1 Newington** 30502066  
7:30 PM Grace Episcopal Church  
A H 124 Maple Hill Ave.

**Dist. 4 Trumbull** 63758  
8:00 PM Trinity Episcopal Church  
A 1743Huntington Tpke.  
Ages 12-20  
Side entrance, lower level

## Friday

**Dist. 5 Norwalk** 30591309  
9:00 AM Norwalk High School  
55 County St.  
**LIMITED TO**  
**Norwalk HS Students**

# Spanish Al-Anon Meetings

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## Monday

**Dist. 4** **Bridgeport** 30652507  
7:00 PM Iglesias St. John  
H B 768 Fairfield Ave.  
Family Center

**Dist. 5** **Stamford** 30612327  
7:30 PM Unitarian Universalist Society  
20 Forest St.  
2<sup>nd</sup> Floor in Kitchen

## Tuesday

**Dist. 8** **Hartford** 30676890  
7:00 PM Our Lady of Sorrows  
OPEN 16 Greenwood St.  
Rectory Basement

**Dist. 5** **Norwalk** 30542979  
7:00 PM Norwalk Hospital  
2 HOUR 24 Stevens St.  
Nash Auditorium in Basement

## Thursday

**Dist. 5** **Stamford** 64524  
7:30 PM Unitarian Universalist Society  
20 Forest St.

## Friday

**Dist. 5** **Norwalk** 30651608  
7:00 PM Norwalk Community Center  
OPEN 98 South Main St.  
H Ground Floor

**Dist. 2** **Wallingford** 30553335  
7:00 PM Most Holy Trinity Church  
OPEN H 68 North Colony St.

## Saturday

**Dist. 2** **Meriden** 65084  
4:00 PM Community Center  
OPEN 30 Center St.  
H

**Dist. 5** **Norwalk** 30542979  
3:00 PM Norwalk Hospital  
2 HOUR 39 Maple St.  
Nash Auditorium in Basement

**Dist. 10** **Willimantic** 30627882  
9:30 AM Windham Hospital  
OPEN Shea (Main) Entrance  
H 112 Mansfield Ave.  
1<sup>st</sup>. fl., right hallway

*God, grant me the Serenity  
To Accept the things I cannot change,  
Courage to change the things I can  
And Wisdom to know the difference.*



# Monday

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**Dist. 7**     **Canaan**                     30677126  
6:00 PM    Geer Village – Conf. Room  
H            77 S. Canaan Rd.  
OPEN       Front Desk – Upstairs

**Dist. 1**     **Berlin**                             30688450  
5:30 PM    Bethany Covenant Church  
OPEN H     785 Mill St.

**Dist. 12**    **Clinton**                            2131  
7:30 PM    First Congregational Church  
55 Church Rd.  
Building behind Church

**Dist. 11**    **Colchester**                        65651  
6:00 PM    Colchester Town hall  
OPEN       127 Norwich Ave., Rm. 3.

**Dist. 8**     **Collinsville**                       29681  
7:30 PM    Congregational Church  
H            7 South St.

**Dist. 5**     **Darien**                               24514  
8:00 PM    Noroton Presbyterian Church  
A/C         2011 Post Rd.  
Lower level – classroom 7ldg..

**Dist. 13**    **Fairfield**                           2157  
7:30 PM    Grace Methodist Church  
1089 Fairfield Woods Rd.  
Behind ch., across from library

**Dist. 9**     **Glastonbury**                       2165  
8:00 PM    St. James Episcopal Church  
2584 Main St.  
7:30PM    30 min. N/C

**Dist. 12**    **Guilford**                            30654897  
8:00 PM    First Congregational Church  
122 Broad St.  
Women’s Book Study  
Side door – 2<sup>nd</sup> floor

**Dist. 3**     **Hamden**                               2177  
7:30 PM    Spring Glen Congregational  
STEP       Church  
H            20 Glen Parkway  
Basement

**Dist. 2**     **Higganum**                            49483  
7:00 PM    Higganum United Methodist  
OPEN       Church  
H            248 Saybrook Rd. – Rte. 154

**Dist. 10**    **Killingly / Dayville**               47325  
6:30 PM    Dayville United Services  
H            1007 North Main St.  
No meeting on legal holidays

**Dist. 7**     **Litchfield**                            2191  
8:00 PM    First Congregational Church  
21 Torrington Rd.  
Building next to church

**Dist. 4**     **Milford**                               39715  
7:30 PM    United Church of Christ  
18 West Main St.  
(Plymouth Bldg.)  
Parents’ Meeting

**Dist. 11**    **Mystic**                                48687  
7:00 PM    Union Baptist Church  
OPEN       119 High St.

**Dist. 5**     **New Canaan**                         41563  
12:00 PM   St. Mark’s Church  
A/C         111 Oenoke Ridge Rd.  
OPEN H     Youth Room, Education Bldg.

**Dist. 6**     **New Fairfield**                       2233  
7:30 PM    New Life United Methodist Church  
1 Beaver Bog Rd.

**Dist. 3**     **New Haven**                            2236  
7:30 PM    East Shore Senior Center  
H            411 Townsend Ave.  
7:00 PM    30 min. N/C

**Dist. 5**     **Norwalk**                               503356  
7:30 PM    St. Peter’s Lutheran Church  
1 HOUR     208 Newtown Ave.

**Dist. 11**    **Norwich**                               39716  
6:30 PM    Backus Hospital - D Wing  
OPEN H     326 Washington St.  
1 HOUR     Activity Room

**Dist. 3**     **Orange**                                 2273  
10:00 AM   Holy Infant Church  
450 Racebrook Rd.

**Dist. 1**     **Plainville**                            2276  
10:00 AM   Plainville Congregational Church  
130 West Main St.

**Dist. 1**     **Plainville**                            60804  
7:00 PM    United Methodist Church of  
H            Plainville  
56 Redstone Hill Rd.

## Monday *Continued*

**Dist. 9**    **South Windsor**                    2296  
7:00 PM    St. Peter's Episcopal Church  
H            109 Sand Hill Rd.

**Dist. 4**    **Stratford**                                    2304  
8:00 PM    Christ Episcopal Church  
AL           2000 Main St.  
8:00 PM    N/C

**Dist. 2**    **Wallingford**                                2318  
7:30 PM    Gaylord Hospital  
H            Gaylord Farm Rd.  
              Chauncey Center

**Dist. 9**    **Warehouse Point**                        2320  
7:00 PM    St. John's Episcopal Church  
H            94 Main St.

**Dist. 13**   **Westport**                             28693  
7:30 AM    Saugatuck Congregational Church  
H            245 Post Road East  
              Room 109/110

**Dist. 1**    **Wethersfield**                                2350  
10:00 AM   Trinity Episcopal Church  
OPEN       300 West Main St.

**Dist. 5**    **Darien**                                         28816  
7:30 PM    St. Thomas More School  
              374 Middlesex Rd.  
7:00 PM    N/C in converted garage  
              Parents' Meeting

**Dist. 5**    **Darien**                                         2139  
8:00 PM    St. Luke's Church  
              1864 Post Rd.  
              School Library - Basement

**Dist. 13**   **Fairfield**                                2295  
12:15 PM   St. Paul's Episcopal Church  
              661 Old Post Rd.

**Dist. 13**   **Fairfield**                                64056  
7:00 PM    St. Paul's Episcopal Church  
              661 Old Post Rd.  
              Parents' Meeting

**Dist. 9**    **Glastonbury**                                50722  
7:30 PM    First Congregational Church  
H            2183 Main St.  
              Women's Meeting

**Dist. 12**   **Guilford**                                501080  
7:30 PM    First Congregational Church  
AL           122 Broad St.  
4thSTEP   1<sup>st</sup> Floor Chapel

**Dist. 9**    **Manchester**                                30562858  
7:00 PM    Church of Christ  
STEP       592 Tolland Tpke. 1 Hour

**Dist. 2**    **Middletown**                                39077  
7:30 PM    Adath Israel Synagogue  
OPEN H    8 Broad St.  
STEP       Kosher / Water Only

**Dist. 4**    **Milford**                                        501733  
6:00 PM    Trinity Lutheran Church  
1 HOUR    21 Robert Treat Pkwy.  
OPEN       2<sup>nd</sup> Driveway, Door on Right

**Dist. 11**   **Mystic**                                    2220  
10:30 AM   First United Methodist Church  
              23 Willow St.  
10:00 AM   30 mins. N/C  
              Parking behind Church

## Tuesday

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**Dist. 1**    **Bristol**                                         44342  
10:00 AM   St. Gregory Church  
OPEN       235 Maltby St.

**Dist. 1**    **Bristol**                                         2121  
7:30 PM    Bridge Community Church  
OPEN       43 School St.

**Dist. 2**    **Cheshire**                                    2129  
7:00 PM    St. Peter's Episcopal Church  
OPEN H    59 Main St., Parish House

**Dist. 6**    **Danbury**                                    30564305  
7:00 PM    United Methodist Church  
AL H        5 Clapboard Ridge Rd.  
STEP



## **Tuesday** *Continued*

<b>Dist. 5</b>	<b><u>New Canaan</u></b>	2229	<b>Dist. 8</b>	<b><u>West Hartford</u></b>	30616675
12:00 PM	St. Mark's Church		12:00 PM	St. Peter Claver Church	
	111 Oenoke Ridge Rd.		H	47 Pleasant St. (at Whitman Av.)	
	Youth Rm. - Education Bldg.			Ages 17+ - Room 6	
<b>Dist. 3</b>	<b><u>New Haven</u></b>	44443	<b>Dist. 3</b>	<b><u>West Haven</u></b>	2341
7:30 AM	Bethesda Lutheran Church		7:30 PM	Church of the Holy Spirit	
1 HOUR	305 St. Ronan St.		H	28 Church St.	
	(Parish House)		7:30 PM	N/C 30 mins.	
<b>Dist. 6</b>	<b><u>New Milford</u></b>	51642	<b>Dist. 13</b>	<b><u>Westport</u></b>	28693
7:00 PM	Trinity Lutheran Church		7:30 AM	Saugatuck Congregational Church	
OPEN	107 Kent Rd.		H	245 Post Road East	
			OPEN	Room 109/110	
<b>Dist. 1</b>	<b><u>Newington</u></b>	30361	<b>Dist. 8</b>	<b><u>Windsor</u></b>	2357
7:00 PM	United Methodist Church		6:30 PM	Recovery Club	
STEP	401 New Britain Ave.		OPEN	118 Palisado Ave.	
H					
<b>Dist. 6</b>	<b><u>Newtown</u></b>	30343	<b>Dist. 3</b>	<b><u>Woodbridge</u></b>	40895
7:00 PM	St. Rose of Lima Church		7:30 PM	First Church of Christ	
	38 Church Hill Rd.		AL	5 Meetinghouse Lane	
	Back Entrance - downstairs			Rear entrance, 2 <sup>nd</sup> floor	
<b>Dist. 6</b>	<b><u>Newtown</u></b>	27960	<b><u>Wednesday</u></b>		
8:00 PM	St. Rose of Lima Church		<hr/> <hr/>		
A/C	38 Church Hill Rd.				
OPEN	Front Entrance - upstairs		<b>Dist. 4</b>	<b><u>Bridgeport</u></b>	38720
<b>Dist. 3</b>	<b><u>North Haven</u></b>	2255	7:30 PM	St. Ann's Rectory	
10:00 AM	North Haven Congregational Church		OPEN	481 Brewster St.	
	28 Church St.			Back of building in basement	
<b>Dist. 12</b>	<b><u>Old Saybrook</u></b>	60017	<b>Dist. 12</b>	<b><u>Centerbrook</u></b>	30586413
7:30 PM	First Congregational Church		7:00 PM	Trinity Lutheran Church	
H	366 Main St. (Parish House)		STEP	109 Main St.	
1 HOUR				Park across street	
<b>Dist. 4</b>	<b><u>Shelton</u></b>	50228	<b>Dist. 2</b>	<b><u>Cheshire</u></b>	2130
7:30 PM	St. Paul's Episcopal Church		9:30 AM	First Congregational Church	
OPEN	25 Church St.		B H	111 Church Dr.	
				Handicapped use front door	
<b>Dist. 7</b>	<b><u>Torrington</u></b>	2312	11:00 AM	N/C	
7:30 PM	Charlotte Hungerford Hosp.				
OPEN	540 Litchfield St.		<b>Dist. 11</b>	<b><u>Colchester</u></b>	2332
H	Downstairs - small dining room		7:00 PM	Westchester Congregational Church	
<b>Dist. 7</b>	<b><u>Watertown/Oakville</u></b>	2331	OPEN	98 Cemetery Rd.	
10:00 AM	Union Congregational Church				
STEP	161 Buckingham St				
H					

**Wednesday** *Continued*

**Dist. 6** **Danbury** 66939  
12:00 PM MCCA  
OPEN 35 Old Ridgebury Rd.  
1 HOUR Park in rear

**Dist. 6** **Danbury** 2136  
8:00 PM Central Christian Church  
H 71 West St.  
OPEN Park back lot – Montgomery St.

**Dist. 9** **East Hartford** 2149  
10:00 AM St Rose Church  
33 Church St.

**Dist. 9** **Enfield** 2155  
7:00 PM Holy Trinity Episcopal Church  
1 HOUR 383 Hazard Ave.  
OPEN

**Dist. 6** **Gaylordsville** 30641615  
7:00 PM Oratory of the Little Way  
OPEN 8 Oratory Lane

**Dist. 11** **Groton** 2174  
7:00 PM St. Andrew's Presbyterian Church  
OPEN 310 Fort Hill Rd.

**Dist. 12** **Guilford** 35453  
10:00 AM First Congregational Church  
H 122 Broad St.  
Fellowship hall – lower level  
Side door or ramp – rear door

**Dist. 3** **Hamden** 43147  
7:30 PM Mount Carmel Congregational  
Church (Parish House)  
H 3284 Whitney Ave.

**Dist. 8** **Hartford** 2186  
12:00 PM Trinity Episcopal Church  
H 120 Sigourney St.  
Entrance Farmington Ave.  
1<sup>st</sup> floor

**Dist. 11** **Lebanon** 30504550  
5:15 PM First Congregational Church  
H 588 Exeter Rd. (Rt. 207)  
Use side door

**Dist. 12** **Madison** 30604746  
7:30 PM First Congregational Church  
1 HOUR 26 Meetinghouse Lane

**Dist. 10** **Mansfield** 30604073  
7:30 PM United Methodist Church  
OPEN H 29 Puddin Lane

**Dist. 4** **Milford** 2213  
8:00 PM Devon United Church of Christ  
30 Ormond St.

**Dist. 1** **New Britain** 2225  
10:00 AM St. Mark's Episcopal Church  
STEP H 147 West main St.

**Dist. 1** **New Britain** 25448  
7:00 PM St. Mark's Episcopal Church  
H 147 West main St.

**Dist. 5** **New Canaan** 66758  
8:00 PM Silver Hill Hospital  
Jurgenson Bldg.  
208 Valley Rd.  
(Parents' Meeting)  
7:30 PM N/C 30 mins.

**Dist. 11** **Niantic** 30661360  
6:00 PM Oceanside Recovery  
OPEN 30 West Main St.

**Dist. 3** **North Haven** 2256  
8:00 PM St. John's Episcopal Church  
3 Trumbull Pl., Rear door  
7:30 PM N/C

**Dist. 12** **Old Saybrook** 62586  
12:15 PM First Congregational Church  
H 366 Main St.  
1 HOUR Parish House – Book Study

**Dist. 6** **Redding** 30632981  
6:00 PM St. Patrick's Church  
169 Black Rock Turnpike

**Dist. 4** **Seymour** 2288  
7:30 PM United Methodist Church  
OPEN 90 Pearl St

**Dist. 4** **Shelton** 30544417  
12:00 PM Spooner House  
OPEN 30 Todd Rd.  
Parking on street. Ring bell.

**Dist. 1** **Southington** 30620912  
7:30 PM Hospital of Central CT  
H Bradley Memorial Campus  
81 Meriden Ave.  
Parents' Meeting  
7:00 PM N/C

**Dist. 5** **Stamford** 30587956  
12:00PM First Congregational Church  
OPEN 1 Walton Place 2<sup>nd</sup> floor

## Wednesday *Continued*

<b>Dist. 5</b>	<b><u>Stamford</u></b>	30685902
8:00PM	Unitarian Universalist Church	
OPEN	20 Forest St.	
	Behind ch. 2 <sup>nd</sup> flr. Billing Office	
<b>Dist. 7</b>	<b><u>Torrington</u></b>	30603343
3:00 PM	Sullivan Senior Center	
OPEN	88 East Albert St.	
H	in Computer Room	
<b>Dist. 9</b>	<b><u>Vernon</u></b>	2316
7:30 PM	St. John's Episcopal Church	
H	523 Hartford Tpke.	
<b>Dist. 8</b>	<b><u>West Hartford</u></b>	2333
7:30 PM	First Baptist Church	
	90 North Main St.	
<b>Dist. 3</b>	<b><u>West Haven</u></b>	30637
7:30 PM	Robert A. Johnson	
	Community Center	
H	201 Noble St., Rm. 115	
<b>Dist. 13</b>	<b><u>Westport</u></b>	28693
7:30 AM	Saugatuck Congregational Church	
H	245 Post Road East	
	Room 109/110	
<b>Dist. 13</b>	<b><u>Westport</u></b>	2343
7:30 PM	Christ Holy Trinity Church	
H	75 Church Lane	
	Men's Meeting	
<b>Dist. 7</b>	<b><u>Winsted/Winchester</u></b>	2278
7:30 PM	First Church of Winsted	
	95 North Main St.	
	Back Door	
<b>Dist. 7</b>	<b><u>Woodbury</u></b>	2362
10:00 AM	St. Paul's Parish House	
OPEN H	294 Main St., South	
<b>Dist. 10</b>	<b><u>Woodstock (East)</u></b>	2151
7:30 PM	East Woodstock Congregational	
OPEN	Church	
H	220 E. Woodstock Rd.	

## Thursday

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<b>Dist. 12</b>	<b><u>Branford</u></b>	27239
7:30 PM	United Methodist Church	
STEP H	811 East Main St.	
7:00 PM	N/C - 30 mins.	
<b>Dist. 1</b>	<b><u>Bristol</u></b>	2118
7:00 PM	St. Andrew's Lutheran Church	
H	1125 Stafford Ave.	
<b>Dist. 7</b>	<b><u>Canaan</u></b>	30677126
6:00 PM	Geer Village – Conference room	
H	77 S. Canaan Rd.	
OPEN	Enter front to desk, upstairs	
<b>Dist. 6</b>	<b><u>Danbury</u></b>	30527154
7:00 PM	Church of Christ	
OPEN	90 Clapboard Ridge Rd.	
	Back door – left hall	
<b>Dist. 11</b>	<b><u>East Haddam</u></b>	30556675
7:00 PM	First Church of Christ	
H	Congregational	
	499 Town St.	
<b>Dist. 9</b>	<b><u>Enfield</u></b>	26392
9:30 AM	Congregational Church	
H	1295 Enfield St.	
<b>Dist. 9</b>	<b><u>Enfield</u></b>	27243
7:00 PM	Congregational Church	
H	1295 Enfield St.	
<b>Dist. 13</b>	<b><u>Fairfield</u></b>	42688
7:30 AM	St. Paul's Episcopal Church	
H STEP	661 Old Post Rd.	
1 HOUR	Side door entrance	
<b>Dist. 8</b>	<b><u>Farmington</u></b>	2160
8:00 PM	Grace United Church	
	110 South Rd.	
<b>Dist. 5</b>	<b><u>Greenwich/Riverside</u></b>	2283
11:30 AM	St. Catherine's Church	
OPEN	4 Riverside Ave.	
	Room 101, School bldg..	
<b>Dist. 5</b>	<b><u>Greenwich</u></b>	25124
8:00 PM	Greenwich Hospital	
AL	5 Perry Ridge Rd.	
	Cafeteria Lower Level	
8:00 PM	N/C	

**Thursday** *Continued*

**Dist. 8**     **Hartford**                             2155  
7:00 PM     Institute for living  
200 Retreat Ave.  
Mass. Cottage – Main entrance  
Parents' Meeting

**Dist. 7**     **Kent**   30573999  
7:00 PM     St. Andrew's Church  
OPEN        Parish House  
1 N. Main St.

**Dist. 7**     **Litchfield**                                 30595828  
7:00 PM     Lourdes of Litchfield Shrine  
OPEN        50 Montfort Rd.  
A/C

**Dist. 9**     **Manchester**                                 30531084  
7:00 PM     S. United Methodist Church  
H            1226 Main St.  
OPEN        Men's Meeting

**Dist. 9**     **Manchester**                                 2197  
7:30 PM     Second Congregational Church  
385 North Main St.

**Dist. 10**    **Mansfield Center**                     41044  
7:00 PM     Natchaug Hospital  
OPEN H     189 Storrs Rd., Rte. 195  
1 HOUR     Use main entrance

**Dist. 4**     **Milford**                                       503106  
6:30 PM     Trinity Lutheran Church  
11<sup>th</sup> Step    21 Robert Treat Pkwy.  
Women's Meeting

**Dist. 11**    **Mystic**                                       30598426  
7:00 PM     St. Edmonds Retreat Center  
OPEN        1 Enders Island  
H            Father Joe Building

**Dist. 7**     **Naugatuck**                                 2222  
10:00 AM    Naugatuck Congregational  
Church  
9 Division St.

**Dist. 3**     **New Haven**                                 53661  
12:00 PM    Trinity Church on the Green  
1 HOUR     Temple & Chapel St.  
Main Entrance  
Meeting upstairs top of stairs

**Dist. 3**     **New Haven**                                 2242  
7:30 PM     Bethesda Lutheran Church  
H            305 St. Ronan St.  
Parish House

**Dist. 1**     **Newington**                                 2244  
7:30 PM     Grace Episcopal Church  
AL H        124 Maple Hill Ave.  
Men's Meeting

**Dist. 1**     **Newington**                                 2245  
7:30 PM     Grace Episcopal Church  
AL H        124 Maple Hill Ave.  
Women's Meeting

**Dist. 12**    **North Madison**                         30527412  
7:00 PM     North Madison Congregational  
1 HOUR     Church  
H STEP     1271 Durham Rd.  
Side door

**Dist. 5**     **Norwalk**                                     30576503  
7:30 PM     Triangle Community Center  
LGBT+     618 West Ave.  
H            2<sup>nd</sup> floor

**Dist. 5**     **Norwalk**                                     2259  
7:45 PM     First Congregational Church  
H            3 Lewis St.  
School building

**Dist. 12**    **Old Saybrook**                         2272  
7:30 PM     First Congregational Church  
STEP H     366 Main St.  
OPEN        Parish House – 1 hour

**Dist. 10**    **Putnam**                                     30570570  
10:00 AM    St. Philip's Episcopal Church  
OPEN        63 Grove St.  
Meet in basement/street pkg.

**Dist. 8**     **Simsbury**                                    2259  
10:00 AM    St. Alban's Episcopal Church  
A/C H     197 Bushy Hill Rd.  
Parking in rear/use back door

**Dist. 9**     **Stafford Springs**                         501665  
7:00 PM     Stafford Community Center  
OPEN H     3 Buckley Hwy.

**Dist. 1**     **Terryville**                                 2309  
10:00 AM    Terryville Congregational Church  
OPEN H     233 Main St.

**Dist. 4**     **Trumbull**                                   30575799  
11:30 AM    Grace Episcopal Church  
OPEN        5958 Main St.  
STEP        Lewis Hall - basement

## Thursday *Continue*

<b>Dist. 4</b>	<b><u>Trumbull</u></b>	2105	<b>Dist. 3</b>	<b><u>Hamden</u></b>	44360
8:00 PM	Trinity Episcopal Church		8:00 PM	Harbor Side Health Care	
AL	1734 Huntington Tpk.		OPEN H	Arden House	
	Side entrance		1 HOUR	850 Mix Ave.	
<b>Dist. 2</b>	<b><u>Wallingford</u></b>	43127	<b>Dist. 12</b>	<b><u>Madison</u></b>	30675416
10:00 AM	First Baptist Church		8:15 AM	First Congregational Church	
H	114 N. Main St. (Side Door)		1 HOUR	26 Meeting House Lane	
				Rear entrance	
				Women's book study	

## Friday

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<b>Dist. 7</b>	<b><u>Bethlehem</u></b>	30668713	<b>Dist. 9</b>	<b><u>Manchester</u></b>	2195
10:30 AM	Church of the Nativity		10:00 AM	South United Methodist Church	
STEP	48 East St.		OPEN H	1226 Main St.	
	Parking in rear		9:30 AM	30 min. N/C	
	Rectory basement		<b>Dist. 4</b>	<b><u>Milford</u></b>	2212
<b>Dist. 9</b>	<b><u>Bolton</u></b>	32646	8:00 PM	United Church of Christ	
7:30 PM	Bolton Congregational Church			18 West Main St.	
STEP H	228 Bolton Center Rd.			Plymouth Building	
<b>Dist. 4</b>	<b><u>Bridgeport</u></b>	2107	<b>Dist. 7</b>	<b><u>New Hartford</u></b>	2094
8:00 PM	Bridgeport Mental Health Ctr.		10:00 AM	St. John Episcopal Church	
	1635 Central Ave.			42 Church St. N	
	Meditation Room 402A		<b>Dist. 3</b>	<b><u>New Haven</u></b>	44443
<b>Dist. 1</b>	<b><u>Bristol</u></b>	63025	7:30 AM	Bethesda Lutheran Church	
7:00 PM	Recovery Club		STEP	305 St. Ronan St.	
H	67 West St. (Rear)		1 HOUR	Parish House	
<b>Dist. 12</b>	<b><u>Clinton</u></b>	52360	<b>Dist. 11</b>	<b><u>New London</u></b>	25594
10:00 AM	First Church of Christ		7:00 PM	All Souls' Unitarian	
	Congregational			Universalist Church	
	55 Church Rd.			19 Jay St.	
	Back entrance		<b>Dist. 6</b>	<b><u>New Milford</u></b>	502500
	Meeting in Chapel		7:00 PM	Trinity Lutheran Church	
<b>Dist. 3</b>	<b><u>East Haven</u></b>	2150	OPEN	107 Kent Rd.	
8:00 PM	Christ & the Epiphany Church		<b>Dist. 1</b>	<b><u>Newington</u></b>	29131
1 HOUR	39 Park St.		9:30 AM	Church of Christ Congregational	
	Back Entrance, 2 <sup>nd</sup> flr.		B H	1075 Main St.	
<b>Dist. 13</b>	<b><u>Fairfield</u></b>	2156	<b>Dist. 11</b>	<b><u>Norwich</u></b>	54328
12:15 PM	St Paul's Episcopal Church		6:30 PM	Backus Hospital	
OPEN H	661 Old Post Rd.		1 HOUR	326 Washington St.	
			OPEN	D Wing Activity Room	
			H	Step & Tradition Mtg.	
<b>Dist. 11</b>	<b><u>Groton</u></b>	30598765	<b>Dist. 1</b>	<b><u>Plainville</u></b>	2277
12:00 PM	Groton Congregational Church		8:00 PM	Wheeler Clinic	
H OPEN	162 Monument St.		H	91 Northwest Dr.	
STEP	Side entrance on Meridian St.				

## Friday *Continued*

**Dist. 6** Ridgefield 2282

12:00 PM Jesse Lee Memorial  
H United Methodist Church  
1 HOUR 207 Main St.  
Carriage House behind church

**Dist. 1** Rocky Hill 2349

7:30 PM St. James Church  
767 Elm St.

**Dist. 1** Southington 30687412

5:30 PM HCC Bradley Memorial  
OPEN H 81 Meriden Ave.  
A/C Conference room A

**Dist. 7** Salisbury 501532

6:00 PM Wagner Learning center  
OPEN 17 Cobble Rd.  
H Parking lot entrance left

**Dist. 8** Simsbury 43853

4:00 PM St. Alban's Episcopal Church  
H 197 Bushy Hill Rd.

**Dist. 5** Stamford 30625069

12:00 PM First Presbyterian Church  
H 1101 Bedford St.  
OPEN 4<sup>th</sup> Step Meeting

**Dist. 2** Wallingford 51714

10:00 AM First United Methodist Church  
H 941 Old Rock Hill Rd.  
4<sup>th</sup> Step Meeting

**Dist. 13** Westport 28693

7:30 AM Saugatuck Congregational Church  
H 245 Post Road East  
Room 109/110

## Saturday

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**Dist. 1** Bristol 29128

9:30 AM First Congregational Church  
OPEN 31 Maple St.

**Dist. 11** Colchester 47025

9:30 AM Colchester Federated Church  
H B 60 Main St.

**Dist. 6** Danbury 50393

9:30 AM United Methodist Church  
STEP H 5 Clapboard Ridge Rd.

**Dist. 2** Durham 66303

9:30 AM Church of the Epiphany  
OPEN 196 Main St. side door

**Dist. 9** Enfield 2153

7:00 PM Holy Family Church Hall  
OPEN 23 Simon Rd.

**Dist. 13** Fairfield 62176

9:00 AM B First Congregational Church  
148 Beach Rd.  
Entrance back parking lot  
Women's Meeting

**Dist. 5** Greenwich 30615575

4:00 PM St. Saviour's Church  
1 HOUR 350 Sound Beach Ave.  
OPEN Lower level (Social Room)  
Men's Meeting

**Dist. 7** Kent 30559568

4:00 PM High Watch Recovery Center  
OPEN H 62 Carter Rd.

**Dist. 9** Manchester 32172

10:00 AM Manchester Memorial Hospital  
A/C 71 Haynes St.  
Conference Room C

**Dist. 4** Milford 500373

9:30 AM Trinity Lutheran Church  
H 21 Robert Treat Pkwy.  
Left entrance

**Dist. 3** New Haven 43966

10:30 AM Church of the Redeemer  
H 185 Cold Spring St.  
12:00 PM N/C 30 mins.

**Dist. 12** North Madison 501307

8:00 AM North Madison Congregational  
1 HOUR Church  
H 1271 Durham Rd. (Rt.79 on circle)  
Back door downstairs

**Dist. 11** Norwich 2265

12:00 PM Lee Memorial United  
OPEN H Methodist Church  
STEP 294 Washington St.

## **Saturday** *Continued*

<b>Dist. 10</b>	<b><u>Putnam</u></b>	2279	<b>Dist. 13</b>	<b><u>Westport</u></b>	44661
7:00 PM	Day Kimball Hospital		7:30 AM	Green Farm Congregational Church	
OPEN	320 Pomfret St. (Rt. 44)		A/C	71 Hillandale Rd.	
H	'Express Lab' back entrance			Rear entrance to basement	
	Room 101				
<b>Dist. 5</b>	<b><u>Stamford</u></b>	30563	<b>Dist. 13</b>	<b><u>Westport</u></b>	28693
10:00 AM	St. Cecilia Parish House		7:30 AM	Saugatuck Congregational Church	
	1180 Newfield Ave.		H	245 Post Road East	
9:30 AM	30 min. N/C			Room 109/110	
<b>Dist. 4</b>	<b><u>Stratford</u></b>	2306	<b>Dist. 13</b>	<b><u>Westport</u></b>	2345
8:00 PM	United Methodist Church		10:30 AM	St. Luke's Stables	
OPEN	2600 Main St.		H	84 Long Lots Rd.	
	Meets ONLY last Sat. of				
	month with AA participation				
<b>Dist. 8</b>	<b><u>Unionville</u></b>	53925	<b>Dist. 8</b>	<b><u>Windsor</u></b>	2355
4:00 PM	Farmington Youth Center		10:30 AM	Poquonok Community Church	
STEP	23 School St			1817 Poquonok Ave.	
	Women's Meeting				
<b>Dist. 7</b>	<b><u>Waterbury</u></b>	2206	<b>Dist. 1</b>	<b><u>Wolcott</u></b>	52563
10:30 AM	Walnut Hill Congregational Church		9:30 AM	All Saints Episcopal Church	
H	274 Bunker Hill Ave.		H	282 Boundline Rd.	
	Side entrance				
<b>Dist. 12</b>	<b><u>Westbrook</u></b>	51912			
7:00 PM	First Congregational Church				
	1166 Boston Post Rd.				
	Rear entr.-dwnstrs. sitting room				

**Meetings by City / Day / Time**

W	Women's	S	Spanish
M	Men's	N/C	Newcomer Meeting
P	Parent's	**	Alateen

<b>Berlin</b>	Fri	5:30 PM		<b>Enfield</b>	Wed	7:00 PM		<b>Manchester</b>	Tue	7:00 PM
<b>Bethel</b>	Sun	7:15 PM	M		Thu	9:30 AM			Thu	7:00 PM
<b>Bethlehem</b>	Fri	10:30 AM				7:00 PM				7:30 PM
<b>Bolton</b>	Fri	7:30 PM			Sat	7:00 PM			Fri	10:00 AM
<b>Branford</b>	Thu	7:30 PM		<b>Fairfield</b>	Mon	7:30 PM				9:30 AM
		7:00 PM	N/C		Tue	12:15 PM			Sat	10:00 AM
<b>Bridgeport</b>	Sun	6:30 PM			Thu	7:00 PM	P	<b>Mansfield</b>	Wed	7:30 PM
	Mon	7:00 PM	S			7:30			Thu	7:00 PM
	Wed	1:10 PM	**		Fri	9:00 PM	**	<b>Meriden</b>	Sat	4:00 PM
		7:30 PM				12:15 PM		<b>Middletown</b>	Tue	7:30 PM
	Fri	8:00 PM			Sat	9:00 AM	W	<b>Milford</b>	Sun	6:00 PM
<b>Bristol</b>	Tue	10:00 AM		<b>Farmington</b>	Thu	8:00 PM			Tue	12:30 PM
		7:30 PM		<b>Gaylordsville</b>	Wed	7:00 PM				6:00 PM
		7:30 PM	**	<b>Glastonbury</b>	Mon	7:00 PM			Wed	8:00 PM
	Thu	7:00 PM				7:30 PM	N/C		Thu	6:30 PM
	Fri	7:00 PM			Tue	7:30 PM	W		Fri	8:00 PM
	Sat	9:30 AM		<b>Granby</b>	Sun	8:00 PM			Sat	9:30 AM
<b>Canaan</b>	Thu	6:00 PM		<b>Greenwich</b>	Thu	11:30 AM		<b>Monroe</b>	Sun	7:00 PM
<b>Centerbrook</b>	Wed	7:00 PM				8:00 PM		<b>Mystic</b>	Mon	7:00 PM
<b>Cheshire</b>	Sun	10:30 AM				8:00 PM	N/C		Tue	10:30 AM
	Tue	7:00 PM			Sat	4:00 PM	M			10:00 AM
	Wed	9:30 AM		<b>Groton</b>	Wed	7:00 PM			Thu	7:00 PM
		11:00 AM	N/C			7:00 PM	**	<b>Naugatuck</b>	Thu	10:00 AM
<b>Clinton</b>	Mon	7:30 PM			Fri	12:00 PM		<b>New Britain</b>	Sun	7:00 PM
	Wed	7:00 PM	**	<b>Guilford</b>	Mon	8:00 AM	W		Wed	10:00 AM
	Fri	10:00 AM			Tue	7:30 PM				7:00 PM
<b>Colchester</b>	Sun	6:00 PM				7:30 PM	**	<b>New Canaan</b>	Sun	10:30 AM
	Mon	6:00 PM			Wed	10:00 AM			Mon	12:00 PM
	Wed	7:00 PM		<b>Hamden</b>	Mon	7:30 PM			Tues	12:00 PM
	Sat	9:30 AM			Wed	7:30 PM			Wed	8:00 PM
<b>Collinsville</b>	Mon	7:30 PM			Fri	8:00 PM				7:30 PM
<b>Danbury</b>	Tue	7:00 PM		<b>Hartford</b>	Tue	7:00 PM	S		Thu	6:00 PM
		7:00 PM	**		Wed	12:00 PM		<b>New Fairfield</b>	Mon	7:30 PM
	Wed	12:00 PM			Thu	7:00 PM		<b>New Hartford</b>	Fri	10:00 AM
		8:00 PM		<b>Higganum</b>	Mon	7:00 PM		<b>New Haven</b>	Sun	7:30 PM
	Thu	7:00 PM		<b>Kent</b>	Thu	7:00 PM			Mon	7:30 PM
	Sat	9:30 AM			Sat	4:00 PM				7:00 PM
<b>Darien</b>	Mon	8:00 PM		<b>Killingly</b>	Mon	6:30 PM			Tue	7:30 AM
	Tue	7:30 PM	P	<b>Lebanon</b>	Wed	5:15 PM			Thu	12:00 PM
		7:00 PM	N/C	<b>Litchfield</b>	Mon	8:00 PM				7:30 PM
		8:00 PM			Wed	7:30 AM			Fri	7:30 AM
<b>Durham</b>	Sat	9:30 AM			Thu	7:00 PM			Sat	10:30 AM
<b>East Haddam</b>	Thu	7:00 PM		<b>Madison</b>	Sun	7:00 PM				12:00 PM
<b>East Hartford</b>	Wed	10:00 AM			Wed	7:30 PM		<b>New London</b>	Fri	7:00 PM
<b>East Haven</b>	Fri	8:00 PM			Wed	7:30 PM	**	<b>New Milford</b>	Tue	7:00 PM
					Fri	8:15 AM	W		Fri	7:00 PM



**Meetings by City / Day / Time**

W	Women's	S	Spanish
M	Men's	N/C	Newcomer Meeting
P	Parent's	**	Alateen

<b>Newington</b>	Tue	7:00 PM		<b>Simsbury</b>	Sun	7:30PM		<b>WestHaven</b>	Tue	7:30 PM
	Thu	7:30 PM	W		Thu	10:00 AM				7:30 PM
		7:30 PM	M		Fri	4:00 PM			Wed	7:30 PM
		7:30 PM	**	<b>South Windsor</b>	Mon	7:00 PM		<b>Westbrook</b>	Sat	7:00 PM
	Fri	9:30 AM		<b>Southington</b>	Sun	4:00 PM		<b>Westport</b>	Mon	7:30 AM
<b>Newtown</b>	Tue	7:00 PM			Wed	7:30 PM	P		Tue	7:30 AM
		8:00 PM				7:00 PM	N/C		Wed	7:30 AM
<b>Niantic</b>	Wed	6:00 PM			Fri	5:30 PM				7:30 PM
<b>North Haven</b>	Tue	10:00 AM		<b>Stafford Spring</b>	Thu	7:00 PM			Fri	7:30 AM
		11:30 AM	N/C	<b>Stamford</b>	Sun	10:00AM			Sat	7:30 AM
	Wed	8:00 PM			Mon	7:30 PM	S			7:30 AM
		7:30 PM	N/C		Wed	12:00 PM				10:30 AM
<b>NorthMadison</b>	Thu	7:00 AM				8:00PM		<b>Wethersfield</b>	Mon	10:00 AM
	Sat	8:00 AM			Thu	7:30 PM	S	<b>Willimantic</b>	Sat	9:30 AM
<b>Norwalk</b>	Mon	7:30 PM			Fri	12:00 PM		<b>Wilton</b>	Sun	6:00PM
	Tue	8:00 AM			Sat	10:00 AM		<b>Windsor</b>	Tue	6:00 PM
		8:30 PM	**			9:30 AM	N/C		Sat	10:30AM
		7:00 PM	S	<b>Storrs</b>	Mon	12:00 PM		<b>Winsted</b>	Wed	7:30PM
	Thu	7:45 PM		<b>Stratford</b>	Mon	8:00 PM		<b>Wolcott</b>	Sat	9:30 AM
		7:30 PM	LGBT			8:00 PM	N/C	<b>Woodbridge</b>	Tue	7:30 PM
	Fri	7:30 PM	S			8:00 PM	**			7:30 PM
		9:00 AM	**		Sat	8:00 PM		<b>Woodbury</b>	Wed	10:00AM
	Sat	3:00 PM	S	<b>Terryville</b>	Thu	10:00 AM		<b>Woodstock</b>	Wed	7:30 PM
<b>Norwich</b>	Sun	5:30 PM		<b>Torrington</b>	Tue	7:30 PM				
	Mon	12:30 PM			Wed	3:00 PM				
		6:30 PM		<b>Trumbull</b>	Thu	11:30AM				
		6:30 PM	**			8:00 PM				
	Fri	6:30 PM				8:00 PM	**			
	Sat	12:00 PM		<b>Unionville</b>	Sat	4:00 PM	W			
<b>OldLyme</b>	Sun	7:00 PM		<b>Vernon</b>	Wed	7:30 PM				
<b>OldSaybrook</b>	Tue	7:30 PM		<b>Wallingford</b>	Sun	7:00 PM				
	Wed	12:15 PM			Mon	7:30 PM				
	Thu	7:30 PM				7:30 PM	**			
<b>Orange</b>	Mon	10:00 AM			Thu	10:00 AM				
<b>Plainville</b>	Mon	10:00 AM			Fri	10:00 AM				
		7:00 PM				7:00 PM	S			
	Fri	8:00 PM		<b>Warehouse</b>	Sun	6:30 PM				
<b>Portland</b>	Sun	7:00PM		<b>Point</b>	Mon	7:00 PM				
<b>Putnam</b>	Thu	10:00 AM		<b>Washington</b>	Sun	6:00 PM				
	Sat	7:00 PM		<b>Waterbury</b>	Sun	6:30 PM				
<b>Redding</b>	Wed	6:00PM			Sat	10:30 AM				
<b>Ridgefield</b>	Fri	12:00 PM		<b>Watertown</b>	Tue	10:00 AM				
<b>Rocky Hill</b>	Fri	7:30 PM		<b>West Hartford</b>	Sun	7:00 PM				
<b>Salisbury</b>	Fri	6:00 PM			Tue	12:00 PM				
<b>Seymour</b>	Wed	7:30 PM			Wed	7:30 PM				
<b>Shelton</b>	Tue	7:30 PM								
	Wed	12:00PM								

# ARE YOU TROUBLED BY SOMEONE'S DRINKING?

Millions of people are affected by the excessive drinking of someone close. The following questions are designed to help you decide whether or not you need Al-Anon:

1. Do you worry about how much someone else drinks?
2. Do you have money problems because of someone else's drinking?
3. Do you tell lies to cover up for someone else's drinking?
4. Do you feel that if the drinker cared about you, he or she would stop drinking to please you?
5. Do you blame the drinker's behavior on his or her companions?
6. Are plans frequently upset or cancelled or meals delayed because of the drinker?
7. Do you make threats, such as, "if you don't stop drinking, I'll leave you"?
8. Do you secretly try to smell the drinker's breath?
9. Are you afraid to upset someone for fear it will set off a drinking bout?
10. Have you been hurt or embarrassed by a drinker's behavior?
11. Are holidays and gatherings spoiled because of drinking?
12. Have you considered calling the police for help in fear of abuse?
13. Do you search for hidden alcohol?
14. Do you ever ride in a car with a driver who has been drinking?
15. Have you refused social invitations out of fear or anxiety?
16. Do you feel like a failure because you can't control the drinking?
17. Do you think that if the drinker stopped drinking, your other problems would be solved?
18. Do you ever threaten to hurt yourself to scare the drinker?
19. Do you feel angry, confused, or depressed most of the time?
20. Do you feel there is no one who understands your problems?

If you have answered yes to three or more of these questions, Al-Anon or Alateen may be able to help.

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## Names and Phone Numbers - Notes

## **For More Information:**

**Al-Anon Family Group World Services**

**888-4Al-Anon**

**888-425-2666**

**8am - 6pm Eastern Time Monday-Friday**

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**277 Main Street, Hartford, CT 06106**

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